

Course Information Sheet

Wellbeing Through Mosaics

AE09E13A



Venue Hyde Park House	Start Date	16 Sept 2024 18:00
	End Date	30 Sept 2024 20:30
	Fee	Full fee £33 Concession £16
	Materials	£10

[OCSW AE09E13A Wellbeing Through Mosaics \(oncoursesouthwest.co.uk\)](https://oncoursesouthwest.co.uk)

Unwind and unleash your creativity! This 3-week course explores the meditative art of mosaic making, teaching you to create beautiful artwork while promoting relaxation and well-being.

Course Description:

In our fast-paced world, finding moments of calm can be a challenge. Wellbeing Through Mosaics offers a creative outlet for relaxation and self-expression. Learn the art of mosaic making, a practice known for its meditative qualities. This course guides you through the process of cutting, arranging, and adhering small tiles to create stunning mosaics. No prior artistic experience is necessary! By the end of the course, you'll have a beautiful piece of mosaic art to take home, along with newfound skills and a sense of accomplishment.

What will I learn?

- **Week 1: Introduction to Mosaics & Materials:** Explore the history and techniques of mosaic art, learn about different materials like tiles and adhesives, and discover the tools you'll need to get started.
- **Week 2: Design & Planning:** Develop your mosaic concept, explore design principles, and learn techniques for transferring your design onto a base. Practise basic cutting skills with mosaic tiles.

- **Week 3: Creating Your Mosaic Artwork:** Put your skills into practice! Learn advanced cutting and adhering techniques to create your mosaic masterpiece. Grouting and finishing touches complete your artwork.

How will I be assessed?

- **Formative:** Interactive discussions, group critiques, practical exercises like tile cutting and adhering throughout the course.
- **Summative:** Develop and present your final mosaic artwork, reflecting on the creative process and its impact on your well-being.

Who is this course for?

This course is designed for anyone seeking a relaxing and creative outlet. It's perfect for individuals interested in exploring art therapy techniques, managing stress, or simply enjoying a new hobby.

Progression Opportunities:

After completing this course, you could explore online resources or workshops on advanced mosaic techniques. Consider enrolling in longer art courses focusing on specific materials like stained glass or ceramics. Look for courses in art therapy to delve deeper into the therapeutic benefits of art-making.

Career or Job Enhancement Pathways:

- **Art Therapist:** This course can spark an interest in pursuing further training in art therapy, a career that uses art-making for therapeutic purposes.
- **Mosaic Artist:** Develop your skills and create mosaic artwork for sale in galleries, online marketplaces, or for private commissions.
- **Arts & Crafts Instructor:** Share your passion for mosaics by leading workshops or online tutorials.
- **Interior Designer:** Enhance your knowledge of mosaics for incorporating them into design projects.

How do I enrol?

If you are paying the full fee, the quickest way to enrol is online at www.oucoursesouthwest.co.uk, simply create an account and select enrol now. Alternatively, you will need to speak to one of our customer service team on 01752 660713.

How will the course be delivered?

This is a practical course, and the sessions will include tutor-led demonstrations, learner-led group activities, instruction and repetition. These will form part of the delivery together with one-to-one support as required.

Will I need to practise outside the classroom?

You will be encouraged to review your notes between lessons to ensure maximum benefit from your course. It is always useful to practise your skills between sessions. Your tutor may encourage home learning, or independent research.

How will I know I'm making progress?

During the first session, your tutor will discuss your goals and current level in relation to the course. Based on this assessment, you will agree individual targets which you will record in your individual learning plan (ILP). You and your tutor will review your targets regularly to ensure that you are making progress; these will be written in your individual learning plan.

What will I need?

Please bring a notepad, and pen to each session. You may wish to bring a file for any handouts. A laptop with internet access is required for completion of coursework and home learning outside of the classroom.

Please note:

Most courses attract a subsidy from the Education and Skills Funding Agency (ESFA). It is a requirement of the ESFA that you complete various forms at different stages of your course, further information is available on request. Courses are subject to a minimum number of enrolments and could be cancelled if recruitment is low. In some cases, an alternative class at a different location may be offered.

Terms and conditions are available at

<https://www.onscoursesouthwest.co.uk/learner-information/essential-information-for-every-learner>

Room numbers are subject to change - please check when you arrive at the venue.

