NCFE Understanding Nutrition and Health Level 2



Course Code F01DV99AC

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Who is this course for?

Learners who are over 19 years of age and possess a keen interest in learning more about nutrition and health.

These courses are an ideal first step for those wanting to gain a Level 2 qualification and may be particularly useful for those working in the voluntary and community sectors.

Entry requirements

Previous L1 Maths and English achievement or demonstrating the ability to work at these levels is recommended.

How do I enrol?

To apply for this course online at www.oncoursesouthwest.co.uk and simply click on the 'How to Enrol' button and complete the Enrolment Form and one of our customer service team will be in touch or call to speak to one of our friendly Learning Advisors on 01752 660713. You will be invited to undertake an initial assessment to ascertain your levels of English and maths prior to entry on this course of study.

Course aims

To increase knowledge and understanding of nutrition and health in areas such as healthy eating, nutritional needs, weight management, eating disorders and food safety in the home environment.

Qualification

NCFE Level 2 Certificate in Understanding Nutrition and Health

How will the course be delivered?

This is an E-Learning course and is exclusively delivered via an online learning, self-study programme. You will be enrolled for an online learning platform and will work independently through the units and materials provided.

What will I need to bring?

A laptop or desktop computer with internet access is required for completion of coursework and home learning

Will I need to study or practise outide the classroom?

Your study pattern is self-managed, but a commitment of 2 - 3 hours per week is suggested to enable successful completion of the course within the timescale of 20 weeks.

How will I know I am progressing?

You will receive regular feedback from an assessor following completion and submission of individual units You will also receive weekly updates of progress as well as any outstanding items.

Progression

Level 2 and 3 Certificate in Preparing to Work in Adult Social Care.

Learning Advisors will be happy to provide you with information on your next steps after this course. Visit our website at www.oncoursesouthwest.co.uk or contact us on 01752 660713 to discuss or to make an appointment.

Career Opportunities

This course will help to develop transferable skills that could be used in a variety of work or voluntary contexts.

Our Learning Advisors will be happy to provide you with information on career opportunities and will be able to help you plan to achieve this.

Please note:

Most courses attract a subsidy from the Education and Skills Funding Agency (ESFA).

It is a requirement of the ESFA that you complete various forms at different stages of your course, further information is available on request. Courses are subject to a minimum number of enrolments and could be cancelled if recruitment is low. In some cases, an alternative class at a different location may be offered.

Terms and conditions are available at https://www.oncoursesouthwest.co.uk/learner-information/essential-information-for-every-learner

Room numbers are subject to change - please check when you arrive at the venue.

ON COURSE SOUTH WEST CIC HYDE PARK HOUSE, MUTLEY PLAIN, PLYMOUTH, PL4 6LF Tel: 01752 660713 www.oncoursesouthwest.co.uk



















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