

Course Information Sheet

Pre Access: Level 2 Certificate in Sport



Embark on an exciting career in sport with our NCFE Level 2 Certificate or Diploma in Sport!

Course Description:

These qualifications provide a fantastic starting point for those passionate about sport and seeking a career in this dynamic field.

The Level 2 Certificate and Diploma in Sport offer a broad understanding of the sports sector, covering essential areas like anatomy and physiology, sports coaching, and business in sport.

Whether you're interested in coaching, fitness, or the business side of sport, these qualifications open doors to a variety of job roles and further education opportunities.

What You Will Learn:

The course content is structured across different pathways, allowing you to specialise in your area of interest:

Pathway 1: Sport, Exercise and Fitness

- In-depth study of anatomy and physiology, the principles of exercise, and nutrition.

Pathway 2: Outdoors

- Focus on outdoor and adventurous activities, including leading sessions and expedition planning.

Pathway 3: Working in Sport

- Exploration of the business aspects of sport, preparing you for various job roles in the sports industry.

Pathway 4: Sports Coaching

- Development of coaching skills, including planning, delivering, and evaluating coaching sessions.

How You Will Be Assessed:

Assessment is through a portfolio of evidence, built throughout the course, showcasing your knowledge and practical skills.

Who This Course Is For:

Anyone with a passion for sport who is looking to start a career in the sports sector or progress onto higher education.

Progression Opportunities:

- Further education opportunities, such as a Level 3 Diploma in Sport or related fields.
- Career paths in sports coaching, fitness instruction, sports development, and more.