

Course Information Sheet

Preparing to Work in Adult Social Care L1



Course Description:

Begin your journey into the adult social care sector with our Level 1 course, designed to provide the foundational knowledge and skills needed for a rewarding career in this field.

Our "Preparing to Work in Adult Social Care L1" qualification offers a comprehensive introduction to the adult social care sector. Participants will learn about the roles and responsibilities of a care worker, communication skills, and the importance of safeguarding and health and safety in a care setting. This course is perfect for those new to the field or looking to enhance their understanding of adult social care. By the end of the course, you will be equipped with the essential skills and knowledge needed to pursue further education or start a career in adult social care.

Introduction to Adult Social Care

- Overview of the adult social care sector
- Different roles within social care

The Role of a Care Worker

- Duties and responsibilities
- Professional conduct and ethics

Communication Skills

- Effective communication techniques
- Building relationships with service users

Safeguarding Adults

- Recognizing signs of abuse
- Reporting and preventing abuse

Health and Safety in a Care Setting

- Importance of health and safety
- Procedures and best practices

Preparing for Employment in Adult Social Care

- Job application process
- Interview tips and career planning

Who should join this course?

This course is ideal for anyone interested in starting a career in adult social care or enhancing their understanding of the sector.

Entry Requirements:

There are no entry requirements

Progression Opportunities:

Upon completion, participants can explore further education and career opportunities such as:

- Level 2 Certificate in Preparing to Work in Adult Social Care
- Level 3 Diploma in Health and Social Care
- Apprenticeships in Adult Social Care

How do I enrol?

To apply for this course online at www.oucoursesouthwest.co.uk and simply click on the 'How to Enrol' button and complete the Enrolment Form and one of our customer service team will be in touch or call to speak to one of our friendly Learning Advisors on 01752 660713.

How will the course be delivered?

This is a practical course, and the sessions will include tutor-led demonstrations, learner-led group activities, instruction and repetition. These will form part of the delivery together with one-to-one support as required.

Will I need to practise outside the classroom?

You will be encouraged to review your notes between lessons to ensure maximum benefit from your course. It is always useful to practise your skills between sessions. Your tutor may encourage home learning, or independent research.

How will I know I'm making progress?

During the first session, your tutor will discuss your goals and current level in relation to the course. Based on this assessment, you will agree individual targets which you will record in your individual learning plan (ILP). You and your tutor will review your targets regularly to ensure that you are making progress; these will be written in your individual learning plan.

What will I need?

Please bring a notepad, and pen to each session. You may wish to bring a file for any handouts. A laptop with internet access is required for completion of coursework and home learning outside of the classroom.

Please note:

Most courses attract a subsidy from the Education and Skills Funding Agency (ESFA). It is a requirement of the ESFA that you complete various forms at different stages of your course, further information is available on request. Courses are subject to a minimum number of enrolments and could be cancelled if recruitment is low. In some cases, an alternative class at a different location may be offered.

Terms and conditions are available at

<https://www.onsouthwest.co.uk/learner-information/essential-information-for-every-learner>

Room numbers are subject to change - please check when you arrive at the venue.

